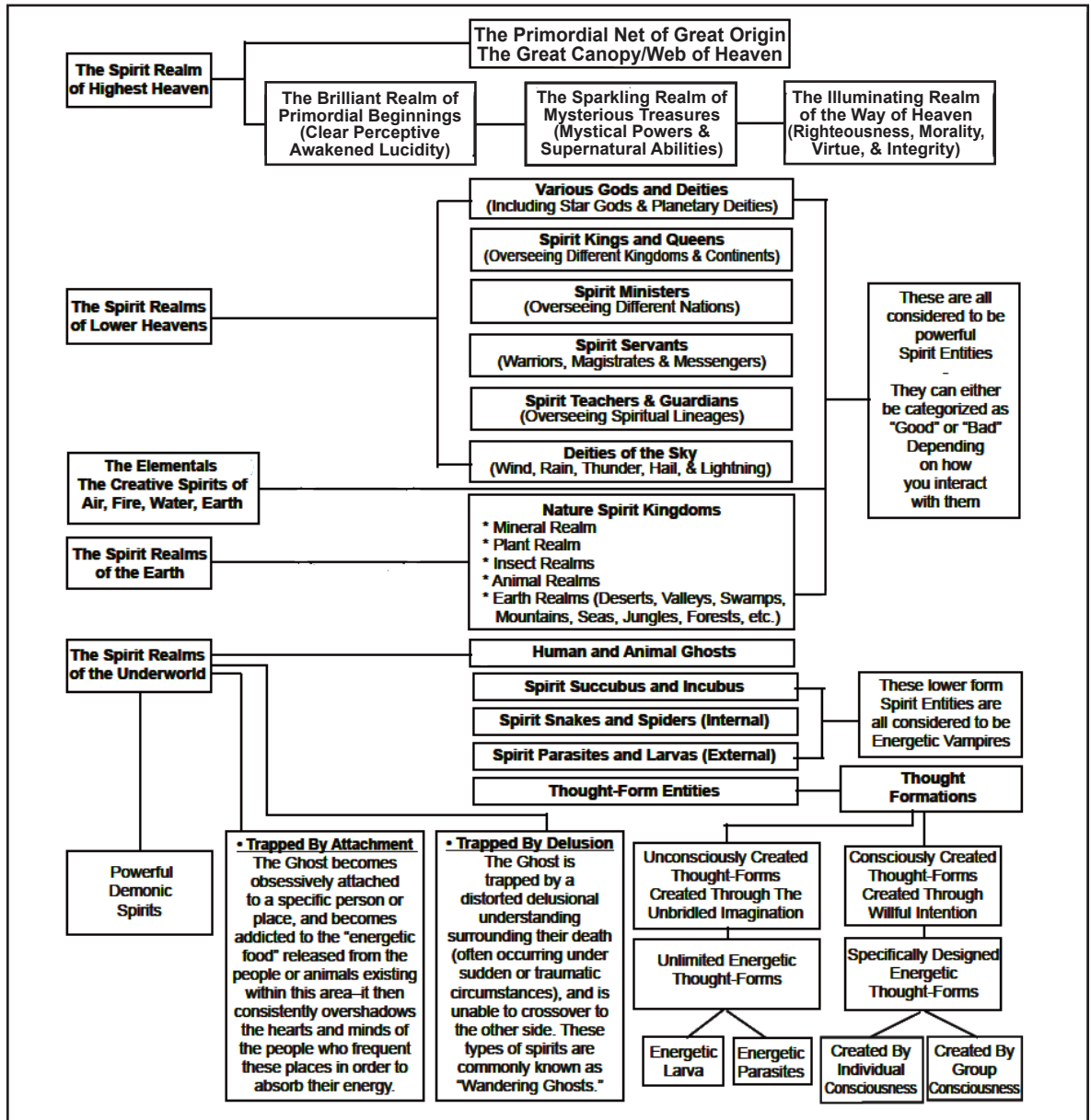


# THOUGHT FORMS, DISEMBODIED SOULS & SPIRIT ENTITIES

BY PROF. JERRY ALAN JOHNSON, PH.D., D.T.C.M (CHINA)



WEDNESDAY, MAY 15 TH, 2024

## 8:00 a.m. Introduction to Thought-Forms

Reading Assignment: The Secret Teachings of Chinese Energetic Medicine - Vol 3, Ch. 28

(p. 342-353); and The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 43-47).

## • Thought-Form Entities.

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 48).

• **Removing Thought-Form Entities.**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 49-51).

**12:00 (NOON) - BREAK FOR LUNCH**

**2:00 p.m. Group Thought-Forms (Egregores)**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 51-52).

• **Thought-Form Deities.**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 53-60).



**THURSDAY, MAY 16TH, 2024**

**8:00 a.m. Review and Examination.**

• Exam #3: Explain the difference between a group thought-form (Egregore) and a thought form deity, and describe how each one is created.

**9:00 a.m. Encountering Psychic Vampires**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 61-62).

**10:00 a.m. Clinical Safety & Spirit Protection**

Reading Assignment: The Secret Teachings of Chinese Energetic Medicine - Vol 2, Ch. 20 (p. 563-574)

**12:00 (NOON) - BREAK FOR LUNCH**

**2:00 p.m. Understanding Psychic Attacks**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 3 (p. 22-37).

**4:00 p.m. Recognizing a Psychic Attack**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 4 (p. 38-40).

**5:00 p.m. Protection Against Psychic Attacks (A)**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 3 (p. 40-42) and Ch. 7 (p. 63-65).



Figure 1.289. Psychic Vampirism.

**FRIDAY, MAY 17TH, 2024**

**8:00 a.m. Cleansing the Room or House**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 5 (p. 70-71).

**12:00 (NOON) - BREAK FOR LUNCH**

**2:00 p.m. Ghosts (Disembodied Souls)**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 8 (p. 72-77).

**4:00 p.m. Performing a Cross-Over Ritual**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 8 (p. 77-78).

**5:00 p.m. Dealing With A Ghost Possession**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 8 (p. 79-80).

**SATURDAY, MAY 18TH, 2024**

**8:00 a.m. Haunting**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 10 (p. 92-98).

**9:00 a.m. Fetal Haunting**

Reading Assignment: The Secret Teachings of Chinese Energetic Medicine: Vol 5, Ch. 67 (p. 207-211).

**Removing Phantom Embryos**

In the Medical Qigong Clinic, sometimes while treating the patient, the doctor may discover within her Uterus what appears to be the remains of a small energetic embryo. These “Phantom Embryos” may either be the lingering spirit entity of an aborted fetus, or an energetic thought form cluster created by the mother (sometimes due to feelings of remorse, regret, guilt, or shame at having undergone an abortion). Many times these difficult to process emotions can be further compounded by deeper feelings of self-hate, which often go unnoticed by others.

After having an abortion, often some women will wonder or obsess about the embryo, and imagine what it felt like to be pregnant, internally focusing and directing all their attention into their uterus. Such intense emotional concentration can create the energetic formation of a “thought form cluster,” which can eventually take the form of a “phantom embryo.”

These projected thought form clusters then become energetic imprints, which are clearly visible to the Medical Qigong Doctor through inner-vision, especially when performing clinical diagnosis.

It is important to understand that the energetic imprint supporting the thought form cluster originates from the exact location inside the woman’s body where it was energetically rooted at the time of its termination. The unprocessed energetic charge of this phantom embryo creates an energetic vortex which eventually draws emotions such as rage, anger, frustration, guilt, and shame into its swirling energetic field.

If this energetic field is not purged from the mother’s tissues, the resulting accumulation of these negative emotions can often develop into physical cysts, tumors, and in certain cases, even cancer.

Throughout the years, I have had female patients with uterine tumors come to my clinic for treatment. Once the treatment starts, as I begin to energetically dredge through the patient’s uterus, often times I would notice a small ball of light with the tiny features of an embryo arise from the patients lower abdomen. When this happened, I would immediately look towards the patient’s face, and watch her features suddenly regress to the exact age that she was when she had the abortion.

After the loss of a pregnancy, when the patient decides to heal from the trauma, she must not only address her body’s adverse physical condition (i.e., the internal disruption that has occurred to her body’s tissues and energetic channels), but must also choose to heal from the sudden emotional wounding.

In order to assist the patient in healing from this condition, the doctor must help her trans-

form and release the suppressed energy stored deep within her lower abdominal tissues. These toxic energies are responsible for maintaining and supporting the internal patterns of the energetic cluster. Only after experiencing and releasing the emotions stored within the tissues, is the patient's body ready to heal.

The patient does this through deep meditative prayer, and an attitude of honor and respect for the relationship that existed between herself, and the embryo's energetic cluster. Even though the child's eternal soul may not remain present during an abortion, the mother may still feel the need to atone for her decision to not bring the baby to term. Therefore, atonement may also be necessary to fully release all feelings of guilt; which must be done in accordance with the patient's personal spiritual belief system.

The following Medical Qigong Treatment Protocol is one that I personally developed in order to assist patients in healing from the emotional and energetic trauma of terminating a pregnancy. It is also performed in the clinic in order to remove the lingering energetic cluster of a phantom embryo still attached to a woman's body.

In this system of healing, it is important for the patient to completely feel and experience all five stages of the forgiveness process.

Withholding the smallest bit of guilt, anger, or frustration will often sabotage the healing process, allowing the toxic energetic charge to still remain trapped within the patient's tissues. The energy that remains can then cause a new root to take hold, which will continue to re-create a destructive energetic cycle, storing and retaining the patient's toxic internal emotions surrounding the experience.

**1. Preparation:** Begin by performing the General Treatment Protocol (see Chapter 29, in *The Secret Teachings of Chinese Energetic Medicine: Volume #3*).

**2. Purging the Uterus:** Next, focus your attention on Purging the energy trapped within the various tissues and channels of the uterus.

Remove any excess heat from the tissues, and disperse any qi and blood stagnations still present in the reproductive organ area.



**3. Scan and Locate:** Next, using the Extended Fan Palm hand technique and scan the patient's uterus to locate and trigger the release of the phantom embryo. You will often notice a small ball of light with the tiny features of an embryo suddenly arise from out of the patients lower abdomen.

When this happens, immediately look towards the patient's face, and watch her features suddenly regress to the exact age that she was when she had the abortion.

**4. Inquire and Evaluate:** Sometimes the patient is unaware of the energetic presence of the phantom embryo. In such cases, if the doctor has discovered the presence of a phantom embryo located within the uterus, he should simply ask the patient in a non-judgmental tone, "what happened here?" This will give the patient time to remember the event, and start the healing process.

The doctor should continue the conversation by asking the patient "how old were you when this happened?"

Then ask "What were the circumstances surrounding the abortion?"

Next, ask "How did you feel when this happened to you?"

**5. Unraveling the Energetic Cluster:** In order to remove the energetic cluster of the phantom embryo, the doctor must first allow the patient to discharge any and all suppressed emotions surrounding the experience. Therefore it is important for the doctor to ask the patient to share her feelings from the exact age that she was when the abortion occurred, - and not from her current, present state of mind.

As the patient begins to express her feelings, the doctor should continue to purge and release the surfacing toxic qi that suddenly arises from within her uterus. This energetic releasing should also include the internal organs that were responsible for holding on to these despondent feelings.

The progression of releasing these toxic feelings should begin as follows:

- **The Liver (Hun-Ethereal Soul):** First, have the patient express any and all of her feelings of frustration, anger, rage, blame, resentment, jealousy, and depression surrounding the experience.
- **The Lungs (Po-Corporeal Soul):** Next, have the patient express any and all of her feelings of grief, sorrow, sadness, shame, disappointment, self-pity, guilt, anxiety, and despair surrounding the experience.
- **The Kidneys (Zhi-Will Power):** Then have the patient express any and all of her feelings of loneliness, insecurity, fear, paranoia, terror, panic, and horror surrounding the experience.
- **The Spleen (Yi-Intention):** Next have the patient express any and all of her feelings of worry, remorse, regret, obsessions, suspicions, and self-doubt surrounding the experience.

It is important to understand, that the Spleen also governs the emotions dealing with conflict resolution and taking responsibility. Therefore, after the patient has expressed and released all negative emotions pertaining to her Spleen organ, it is important to allow her to move towards healing.

Since the Spleen also stores the spiritual virtues associated with trust, faith, and truthfulness, as well as the positive emotions of honesty, openness and acceptance, this is a perfect time to allow her to take responsibility

for her decision to have the abortion (if that was the case), thus enabling her to forgive herself and heal. My teacher once called this important stage of accountability the “intercepting karma stage.”

- **The Heart (Shen-Spirit):** The Heart governs the emotions dealing with the final stages of healing, which are forgiveness and inner-peace. The Heart also stores the spiritual virtues associated with order, peace, contentment, tranquility, and energetic boundary setting used to foster social harmony, as well as the emotions of joy and pleasure.

In the process of healing and forgiveness, the emotions of anger and resentment have to reach the deeper levels of the original hurt, sadness, and grief. Only after reaching this deeper level and working through the pain, can the patient begin the process of letting go of the anger, blame, and resentments associated with the experience.

These important emotions are designed to naturally protect the patient from feeling the full impact of the original trauma; by allowing her to transfer emotions onto another person, place, or thing. Therefore, true forgiveness can only begin after the anger and grieving process ends. Only through responsibility, accountability, and acceptance can the Heart truly begin to forgive and heal.

**6. Establishing A Relationship With the Embryo’s Soul:** Once the five stage forgiveness process is completed, immediately reach up towards the heavens and visualize connecting with the Divine.

- Next, imagine a cord of radiant Divine light descending from the Heavens and enveloping the patient’s uterus, completely filling it with bright healing light.

Then, create a small energy bubble inside of the patient’s uterus in order to envelop the phantom embryo.

- Next, ask the patient “what was the baby’s sex?” - “what was his or her name?”

As the patient begins to answer these questions, begin to shrink the energy bubble.

As the Energy Bubble shrinks, the Divine light surrounds the phantom embryo’s energetic casing,

recreating the eternal soul's original energetic and spiritual orb.

**7. Receiving Closure:** The doctor will now assist the patient with the final resolution by encouraging her to thank both the fetus and the Divine for the lessons that were learned, and giving respect and honor for the experience of this healing.

**8. Releasing the Phantom Embryo:** The doctor will now ask the Divine for celestial escorts to come into the room and energetically remove the phantom embryo from the patient's tissues; releasing and escorting it back into the celestial realm.

**9. Ending the Treatment:** The doctor will again connect with the Divine and end the treatment by pulling a cord of Divine healing light from the heavens, and enveloping the patient's body three times.

**12:00 (NOON) - BREAK FOR LUNCH**

**2:00 a.m. Encountering Succubus & Incubus**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 9 (p. 85-91) and Ch. 13 (p. 114-116); as well as A Master's Journey, Ch. 40 (p. 279-280).

**3:00 p.m. Interacting with Elementals**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 11 (p. 99-102) and Ch. 12 (p. 103-106).

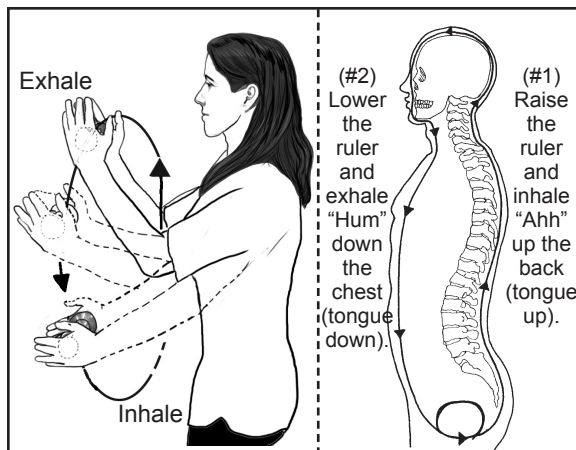
**4:00 p.m. Angels, Guardians, Guides & Teachers**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 15 (p. 107-132).

**SUNDAY, MAY 19TH, 2024**

**8:00 a.m. Elementals, Deities, Demons, & Spirits**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 13 (p. 107-111) and Ch. 17 (p. 145-151).



In the Taiji Ruler Exercises, the Fire Path of the Small Heaven Cycle is used to regulate the body's Sea of Yang Qi.

**10:00 p.m. Invoking Celestial Guardians**

Reading Assignment: The Hidden Teachings of Christian Mysticism Vol 2, Ch. 16 (p. 133-144).

**12:00 (NOON) - BREAK FOR LUNCH**

**2:00 p.m.**

**Taiji Ruler Exercises**

Reading Assignment: Daoist Master Chen Tuan's Simplified 7-Stage Taiji Ruler Training, (pages 5-66).

1. The Circling Movement
2. The Rolling Movement  
(Strengthening & Harmonizing Yin & Yang Qi)
3. The Pressing & Lifting Movement
4. The Pushing & Pulling Movement  
(Filling & Expanding the Three Dantian Qi)
5. The Fisherman Casting Net Movement
6. The Dragon Rolling Ball Movement  
(Spiraling & Rolling Lower Dantian Qi)

**Graduation**